

# **WARM SPACES & COMMUNITY INITIATIVES**



**CHEPSTOW & BULWARK**  
**Summer 2024**

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## MONDAY/TUESDAY

ST CHRISTOPHER'S CHURCH, 2 Pembroke Road, Bulwark NP16 5AF  
Monday & Tuesday 10am - 4pm



Contact: [john@transientwaters.com](mailto:john@transientwaters.com)

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## WEDNESDAY

CHEPSTOW BAPTIST CHURCH, 1 Lower Street, Chepstow NP16 5HJ  
1st and 3rd Wednesday of each month, 10am - 12noon



Contact: [secretary@chepstowbaptist.org.uk](mailto:secretary@chepstowbaptist.org.uk)

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# THURSDAY

THE BRIDGE CHURCH, Unit 1A Critchcraft Buildings,  
Bulwark NP16 5QZ Thursday 12 - 2pm



Contact: [communitykitchen@thebridgechurch.online](mailto:communitykitchen@thebridgechurch.online)

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# THURSDAY/FRIDAY

Chepstow Methodist Church, Albion Square, Chepstow NP16 5DA  
Thursday & Friday 10am - 12noon



Contact: [admin@chepstowmethodist.wales](mailto:admin@chepstowmethodist.wales)  
[www.chepstowmethodist.org.uk](http://www.chepstowmethodist.org.uk)

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# **MONDAY - WEDNESDAY**

**The Beacon Café, Chepstow Methodist Church,  
Albion Square, Chepstow NP16 5DA**

**Monday - Wednesday 9.30am - 3pm (Drinks & Cake ONLY after 1pm)**



A warm welcome  
- a friendly place to  
meet and eat

A Community Café run extensively by volunteers offering a very reasonably priced menu - breakfast, light bites, cakes and drinks.

Pay it forward scheme available.

**Contact: [beaconbookings@gmail.com](mailto:beaconbookings@gmail.com)**

**[www.chepstowmethodist.org.uk/01291627014](http://www.chepstowmethodist.org.uk/01291627014)**

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# TUESDAY - SATURDAY

COFFEE@UPCYCLE, Monmouthshire Upcycle,  
Station Yard Industrial Estate, Chepstow NP16 5PF  
Tuesday - Friday 9am - 3.30pm, Saturday 9am - 1.30pm



**UPCYCLE**  **UPCYCLE SOUP** 

**LOCATED BEHIND THE MAIN UPCYCLE UNIT  
OPPOSITE CHEPSTOW TRAINSTATION...**

**PAY A LITTLE OR PAY A  
LOT  
ALL OUR SOUP COMES  
FRESH FROM THE POT  
SIT DOWN WARM AND  
FILL YOUR TUMMY  
WE WANT YOUR  
COMPANY NOT YOUR  
money  
SO PAY IF YOU CAN BUT  
even if none...  
THEY'LL BE SOUP AGAIN  
TOMORROW FOR  
everyone!!**



**SOUP OF the DAY**  
Carrot & Lentil

**WE ALSO HAVE A PAY IT FORWARD SCHEME...** 

Contact: [coffee.upcycle@gmail.com](mailto:coffee.upcycle@gmail.com)

[Facebook.com/coffee.upcycle](https://www.facebook.com/coffee.upcycle)

[www.instagram.com/coffee.upcycle](https://www.instagram.com/coffee.upcycle)

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# WEDNESDAY

**BULWARK COMMUNITY CENTRE, Laburnam Way, Bulwark NP16 5RF**  
**Wednesday 12.30pm for 1pm**



set meal  
under  
£5

**Light Lunch**  
Every Wednesday from  
12.30pm for 1pm  
Enjoy a light bite freshly  
cooked on site  
working in partnership  
Bulwark community centre  
&  
Chepstow Menacp

Phone 01291 624138  
email  
bccbulwark@btconnect.com  
Laburnam Way Bulwark chpstow  
NP165RF



community **cafe**  
Bulwarkcommunity centre

**Contact: [bcc@btconnect.com](mailto:bcc@btconnect.com)/07891 885934**

# OTHER INITIATIVES

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## COMMUNITY FRIDGE

**Rainbow Café, Moor Street, Chepstow NP16 5DF**  
**Wednesdays & Fridays, 11am – 12 noon**



The main purpose is saving fresh food from going to waste by redistributing it, for FREE to local people.

The food and drink includes surplus from supermarkets, local food businesses, producers, households and gardens.

**You can just turn up and volunteers will be happy to show you the range of food available.**

**Contact: [chepstowcommunityfridge@gmail.com](mailto:chepstowcommunityfridge@gmail.com)**

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## FOOD ON OUR DOORSTEP (FOOD) CLUB

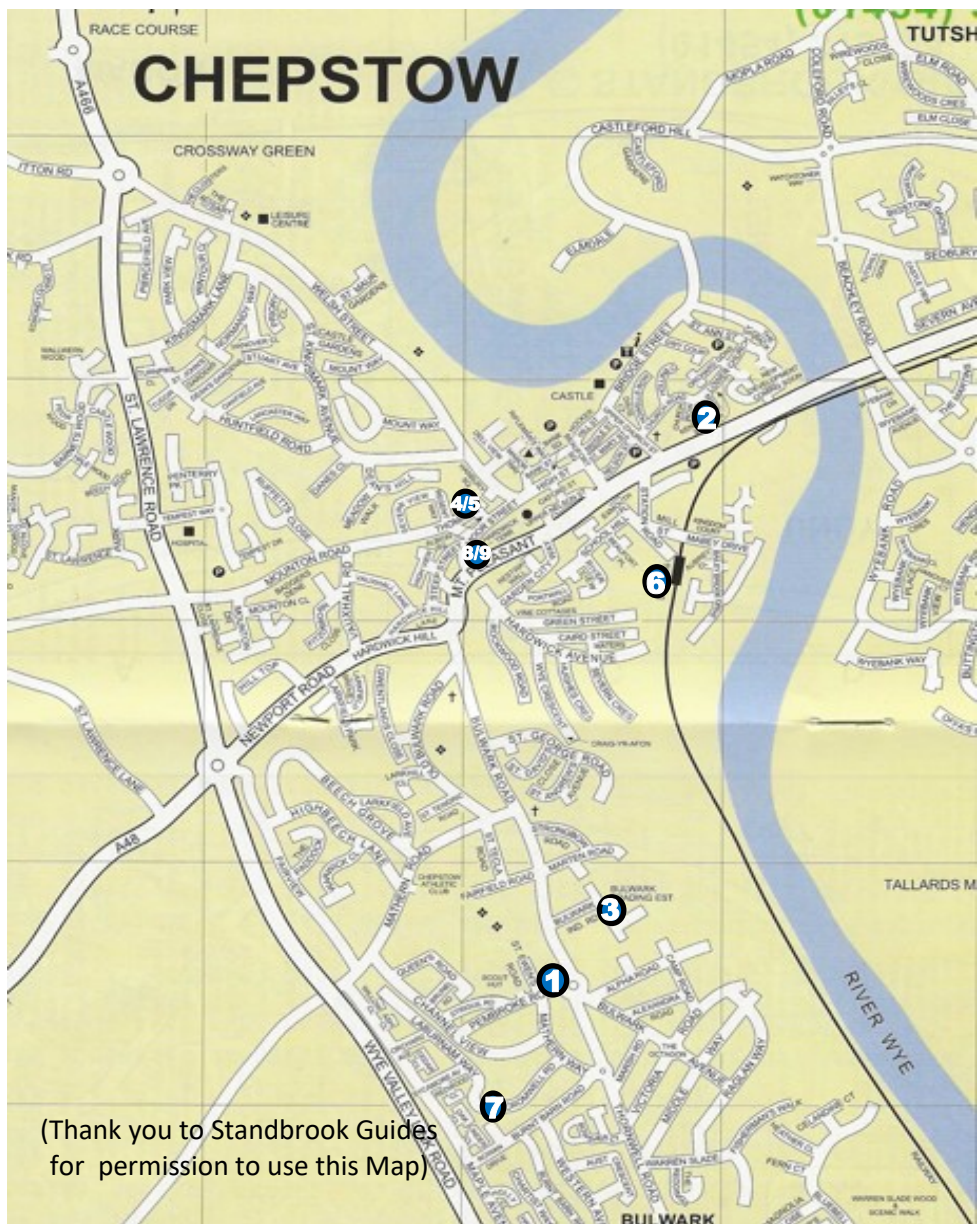
**Rainbow Café, Moor Street, Chepstow NP16 5DF**  
**Monday 10am – 12 noon**



It costs just £1 a year for your family to become a member. Once you've joined, you can purchase a bag of tasty food items every week (worth approx. £15) for just £4! To become a member, you must live or work within 15 minutes of the club.



**Contact: [monmouthshirefoodclubs@family-action.org.uk](mailto:monmouthshirefoodclubs@family-action.org.uk)**  
**07977636522**



(Thank you to Standbrook Guides  
for permission to use this Map)

Also useful: [wellbeing@monmouthshire.gov.uk](mailto:wellbeing@monmouthshire.gov.uk)/01633 644945  
For any updates to these initiatives, or for more information, contact  
[admin@chepstowmethodist.wales](mailto:admin@chepstowmethodist.wales)